

**4197052644-1-16-26.wav** Total recording length: 01:11:58

**Kayla Williams-(419)705-2644: { 0:02 }**

**Hi, how are you?**

(Reader): { 0:04 }

I'm doing well, thank you for asking. I never ask because figure people want me to tell them how they're doing and I'm happy to do that for you. Who am I speaking with?

**Kayla Williams-(419)705-2644: { 0:12 }**

**Hi, my name is Kayla. I think I've spoken with you before.**

(Reader): { 0:17 }

Maybe, maybe. Are you cancer by chance?

**Kayla Williams-(419)705-2644: { 0:24 }**

**Yes.**

(Reader): { 0:25 }

Zodiac Cancer. Hi, Kayla, welcome back. Happy New Year, I have my thank you, I have my one swoop summary how I remember my clients. Let's get your rolling. So good to hear from you. Let me please have your date of birth July.

**Kayla Williams-(419)705-2644: { 0:42 }**

**15th, 1976.**

(Reader): { 0:46 }

July 7th, I'm sorry, July 15th, 1976. Thank you and your time of birthday hour you were born.

**Kayla Williams-(419)705-2644: { 0:52 }**

**I'm not sure to be honest. I think it was 555 but in the afternoon. But I'm honestly I'm really necessary.**

(Reader): { 1:00 }

No worries, no worries, no worries. At some point, if you could please dig that out from your birth certificate, it would be awesome to tighten the timing. That's all it is. OK. And the last question were reborn city and state please?

**Kayla Williams-(419)705-2644: { 1:17 }**

**Austin, TX.**

(Reader): { 1:19 }

Thank you so much. Now you know my drill. I need to concentrate. I need to do my three things. So please ignore. I'm just doing my thing, OK? I just want to get the raw energy. It's very much like starting up a car, OK, got to pump the gas, turn on the ignition and get the motor running here, OK? Yep, that is you. I remember that. So now let me get number 20. Much, much, much better. OK, let me get #2 and #3 that looks enjoyable. OK, let me get #2 yeah, I know this is all going to sound wacky. Just doing my thing here. OK, 7890.

{ 1:57 }

OK, I got to concentrate on that one as well. Let me get the third one. And I need to put all three together. Holy moly. Oh, I just noticed something crucial. OK, let me get #2 let me get #3 I'm going to put them all together now. Show me. OK, I got some stuff I need to jump start with because this is pivotal. OK. OK, ready.

**Kayla Williams-(419)705-2644: { 2:31 }**

**Yeah.**

(Reader): { 2:32 }

OK, thank you. You have a major knock on the door from the universe that it's time to revamp your entire status in life and literally reboot. I'm, you know, sometimes getting all these pieces, they different pieces come a lot has to be synthesized.

{ 2:58 }

But this is very clear to me that since September, since the fall, you know the the, the equinox, it was all about rebooting your life. And this is applicable from September that just passed all the way to March 20th, from 1 equinox to the next. This is all about you restarting life and channeling those energies in career.

**Kayla Williams-(419)705-2644: { 3:39 }**

**I just took.**

(Reader): { 3:40 }

Yeah. So this is all. So between now and then, this is most important for you to give a lot of attention to that. Now let's talk about some improvements. You've got emotional improvements galore all around you.

{ 3:59 }

Take them. Every little bit of improvement is always a benefit. I am seeing you receive a little bit more. What's the word I'm looking for? I'm trying to counter the word here, more of a release. So on the one hand, it lightens up, on the other, there's a very strong concern I have here for you. May I be bold and blunt with you?

**Kayla Williams-(419)705-2644: { 4:37 }**

**Yes, you may.**

(Reader): { 4:39 }

Thank you, Kayla. I'm concerned about you financially. Careful with going. Yeah. Careful with going into debt. Careful with your credit card. Careful with the IRS. Careful with identity theft. Careful make. It may rattle the entire list here.

**Kayla Williams-(419)705-2644: { 4:55 }**

**Yeah.**

(Reader): { 4:56 }

OK, look, I'm I'm not giving you Technical Support like a geek because that's not my job. I don't know. Well, you know, there are geeks that do better jobs, but I can just give you something very superficial. Please. Careful entering a credit card on the computer. That's just obvious. Or a telephone, that's even worse. I've gotten hacked booking a car seat. So not a car seat, a plain seat. And when you pay for your suitcase, you check in online when you're traveling. Careful with where you enter your credit card, OK? It's become the new normal. Credit card companies need to change credit card numbers, OK? Just be careful with how you use it. Careful with how you store it. You know, some computers, Do you want to store this credit card for futures? I would not do that. OK.

**Kayla Williams-(419)705-2644: { 5:47 }**

**Well, I I already have. I mean. I already have that I mean.**

(Reader): { 5:52 }

What do you mean you have that? You have that going on now, I mean.

**Kayla Williams-(419)705-2644: { 5:56 }**

**I mean, I already have a lot of debt and I don't know how I'm going to get out of it.**

(Reader): { 6:00 }

OK, well, here's the deal. You have a cycle here that's coming into full gear that I need to tell you about. And that cycle starts in February and it's here at least till July or August. What I need to tell you, Kayla,

you got to get on to it before it gets on to you. Actually, I am wrong. It's between, it's actually the whole year, scratch, August, between February all the way till the end of the year. You got to get on to it. So Kayla, if that means you take an extra job, if it means you do a regular job and what they call, what do they call it now? Secondary income slash side hustle. These terms keep evolving. You're going to have to do something and I rather you be proactive. Go ahead.

**Kayla Williams-(419)705-2644: { 6:55 }**

**Well, last time I talked to you, I talked to you about like, did I make the right decision breaking up with my boyfriend and I went into a worse financial situation because I broke up with him. Like I was in a better situation when I was with him.**

**But I remember talking to you about it and you were like, yeah, that was the right decision.**

(Reader): { 7:22 }

Yeah, and I have to just piggyback on something. OK. Kayla. Oh, I'm sorry. May I I hope I didn't interrupt you there. I just want to make sure I don't lose Thunder. You don't lose your Thunder.

**Kayla Williams-(419)705-2644: { 7:35 }**

**No, I I enjoyed talking to you last time, but I mean, it was really a thing where I felt like I made the biggest mistake of my life breaking up.**

(Reader): { 7:42 }

With I know like I thought I remember you mentioned that.

**Kayla Williams-(419)705-2644: { 7:45 }**

**Because I was in such a better situation and and I I felt like I panicked and just did that and.**

(Reader): { 7:54 }

I need to chop that up like a potato. OK, We got a lot of slicing here to do. You ready?

{ 8:00 }

Yeah. Caleb, there's a big difference between being involved with somebody for economical purposes versus it being a healthy and functional relationship.

**Kayla Williams-(419)705-2644: { 8:13 }**

**I know that, but you know, when you get older it's harder.**

(Reader): { 8:16 }

Oh, yeah, kind of. Yeah. You know, But I got to tell you something, when one is younger, it also gets hard, difficult as well. I mean, because, look, if one has a rotten relationship with a parent and they're stuck living in that household while they're in school and, you know, I mean, yeah, financially they may feel like, OK, yeah, it's not as complicated. It could be. It could be more complicated if they were on their own. But I got to tell you something. Any relationship can be like that. It could be between a parent and a child, it could be but you know, etcetera.

**Kayla Williams-(419)705-2644: { 8:47 }**

**Well, my mom and uncle tried to move in with me and I said no and then that kind of ruined the relationship because my mom and uncle are very dysfunctional and.**

(Reader): { 9:00 }

I got I got a tip for you. I got a tip for you. Is that OK?

**Kayla Williams-(419)705-2644: { 9:05 }**

**You told me to go to like a website about like dysfunctional families which.**

(Reader): { 9:09 }

Yeah, yeah. No, no, no, I'm not. I'm not. It's not even that. It's not even that, by the way. It's it's not that. It's something else. It's a it's a money idea. Actually, I had a friend of mine do this while she was working on her PhD. She Airbnb, Air BI, can't say it. Airbnb her second room instead of getting a roommate. She made more money doing Airbnb than getting a roommate because with getting a roommate, there's only so much she can charge. But with doing an Airbnb, she was able to actually pay for a lot of her tuition. She was able to make four times that amount and still have to place to herself a couple of times a month, which a roommate would not really allow unless the roommate traveled.

{ 9:51 }

These are creative ideas that you may be able to look into and of course, come up with your own, you know, or use this what I just shared and let it be like a stepping stone into another creative idea. But there are ways you can make.

**Kayla Williams-(419)705-2644: { 10:08 }**

**Money I actually gave him my extra bed, so I don't know that that's going to I had an extra bed and I gave it I I feel like I'm too I feel like I'm too generous. I don't know if you can see anything about me but like.**

(Reader): { 10:21 }

Well, yeah, I mean, I see that's what we're looking into your energy. But I'll tell you something, you can come up with solutions to fixing the debt. But I will say this, it's better that you get onto it before it

increases. But I have some positive news here for you as well. On the one hand, yes, I do see that is a theme that is going on.

{ 10:51 }

But all the other, I'm also seeing the help to get yourself out of that situation because I'll tell you something, Kayla, you have opportunity to be doing some type of work. You really do. And I see this brewing like a coffee maker. It's a matter of going out there making it happen. I'll tell you what the concern is. Are you ready for it? And again, I'm being bold and blunt, but please, please understand it's not coming from a place I never judge. I hope that comes through OK. I really want you to understand that I'm coming from a place of interpretation. OK. So this is, I'm just being direct so that we have clarity. Are we good so far? Yeah, Good. Thank you. What I'm concerned that could be holding you back is the heavy feelings that you still have lingering and that for some people can impact. Yeah, it could impact their motivation.

{ 11:59 }

We're trying to get out of bed may feel so difficult. It may feel so heavy. The weight of the feet. Well, I'm describing the images here, you know, You know, like just moving the foot. Oh, my God, that's like 50 lbs. My God, A barbell weighs less. I mean, I'm exaggerating, of course. Now, Kayla, I am not a mental health expert. That's not me. I don't have the PhD or the title for it. So superficially I'm going to call that that is a sign that may look towards depression, but I can't say it's depression because I am not a diagnostician. Does that make sense? No, you want to look into.

**Kayla Williams-(419)705-2644: { 12:49 }**

**That I've I've I've struggled with it.**

(Reader): { 12:52 }

Yeah. I mean clinically was it get, was it stated to you officially at one point?

**Kayla Williams-(419)705-2644: { 12:59 }**

**Yeah. But I mean, I just don't have the money right now to be under the kind of care that I need to be under for that, I mean.**

(Reader): { 13:05 }

Did they give you medication for that?

**Kayla Williams-(419)705-2644: { 13:10 }**

**Right. But I'm saying like I'm not, I don't have health insurance right now, but I I could go to like a free clinic or something like that.**

(Reader): { 13:19 }

Kayla, if you look into that, all I'm saying here is I'm trying to find your resources, OK?

**Kayla Williams-(419)705-2644: { 13:27 }**

**How did you see that though?**

(Reader): { 13:29 }

Because I, I, I sense it in you. I sense it in your vibration. It's all in your vibration. OK, Vibration, images, energy, it's all there. And I got to tell you.

**Kayla Williams-(419)705-2644: { 13:42 }**

**Can I ask about my mom?**

(Reader): { 13:45 }

Of course.

**Kayla Williams-(419)705-2644: { 13:46 }**

**Like is she completely? Is she like, completely mentally ill like?**

(Reader): { 13:51 }

OK, let me explain something that I wouldn't be able to really give you some justice.

**Kayla Williams-(419)705-2644: { 13:57 }**

**Really. Tell me, OK.**

(Reader): { 13:58 }

That no, no, that that really does require someone who is in that field and they can look at the energy. I'm happy to do that, but I just have to be very clear. I have my limits. I don't do missing people or missing objects, and I cannot diagnose, but I can look at energy. Let me have her date of birth please.

**Kayla Williams-(419)705-2644: { 14:17 }**

**1156.**

(Reader): { 14:19 }

Thank you. Back to talking to myself. OK. Okie dokie. Mama. What do we have with Mama? OK, 1956. OK, let me just take a ganter. Oh boy. Mm. Hmm. A lot of control issues, huh? That was a question. Yeah. Yeah. You know, let me explain something. Sometimes people who are so controlling are like that because they feel they are being controlled.

{ 14:58 }

And, you know, this can go into an entirely different vortex. And I'm not saying that your mom is on the vortex I'm about to describe, but it exists and it could be so buried in the unconscious. OK, now this is going to get a little bit muddy. OK, so put on your high boots. We've got some some terrain we have to walk through. This is what I call emotional S&M, emotional domination, like a dominatrix, where punishment is a form of pleasure. And if it's a matter of feeling more in control, like, oh, OK, she's in tears. I got her now. Now I see she's being honest. Some people will give it all these different labels. I'm not a label person, OK?

{ 16:01 }

I'm just saying that is a form of emotional abuse. And here's the deal. She may not be aware of it. That may be her quote UN quote regular way of doing things or would she may classify as normal. She may have blind spots to that. But I will tell you something. I can definitely see where your mom has, I shouldn't say mom, I should say mother. There's a big difference between the two words OK, where your mother may have come from a very abusive background herself.

**Kayla Williams-(419)705-2644: { 16:41 }**

**Yeah, she does.**

(Reader): { 16:42 }

Yeah. Was there alcoholism or mental health in the family?

**Kayla Williams-(419)705-2644: { 16:47 }**

**I don't really know. I mean, there was something.**

(Reader): { 16:50 }

There was something, OK, that's that's fair enough. That's fair enough.

{ 16:53 }

The issue is the control theme is very destructive. And when I look at this and I Pierce this a lot more, the reason why I went silent because I'm really staring at this. I'm gawking at this. I'm going to make a claim right now, but I want to put a very strong disclaimer, OK? I am speaking energy wise only because this is heavy. Your mother carries the energy of someone that has gone through not just abuse, but we're talking extreme abuse.

{ 17:51 }

And in my readings, when I see an energy like this, it goes beyond emotional abuse, it goes beyond physical abuse. It even goes as far further than psychological or spiritual, religious abuse. I'm referring to sexual abuse. Now, I'm not saying that your mother's a survivor of this. What I'm saying is your mother carries that energy. I want to make a a clear distinction. I don't know what extreme that

energy carried out. OK, I'm just describing in a couple of minutes, very superficially I may add, what I just saw from your mother's energy. Do you follow what I mean?

**Kayla Williams-(419)705-2644: { 18:49 }**

**Yeah.**

(Reader): { 18:51 }

Yeah. Is she a survivor of that type of abuse that she shared with you that or that you heard about?

**Kayla Williams-(419)705-2644: { 19:00 }**

**I mean, I know, I mean she lives with her brother and I just, she lives with her brother now. And I just feel like they have a very, I feel like they have a very negative, yeah.**

(Reader): { 19:15 }

Questionable relationship? Yeah, OK. I would never be able to confirm or deny that. I have no way of looking.

**Kayla Williams-(419)705-2644: { 19:25 }**

**Into that and I literally don't know what to do about any of it and.**

(Reader): { 19:29 }

You can't do anything. You can't do anything about it.

**Kayla Williams-(419)705-2644: { 19:32 }**

**They they came up here and tried to move in with me and I said no.**

(Reader): { 19:39 }

Does your mother drink or does she have any addictions?

**Kayla Williams-(419)705-2644: { 19:44 }**

**I I mean, I think my uncle's a drug addict.**

(Reader): { 19:47 }

Got it. OK, OK. I'll keep it superficial. There is an addiction I show that is around the family that I just say, and I'll tell you something.

{ 19:59 }

It is wise to not have them living in your home. Of course, that can help you financially. But you know what? So can doing an Airbnb or a college roommate if there's a nearby school 'cause you can charge an arm and a leg. And I gotta tell you something, you know. You go with the ones that you know, have a Daddy Warbucks, you know that they are as willing to pay top dollar so the kid doesn't have to travel that far or at least as close as possible. I mean, if you're in that type of community, the folks will pay through the roof because they want, you know, the, you know, the convenience. But I will tell you this, as far as your mother's concerned, you don't know her anything. I also want to add this forgiveness does not mean reconciliation.

{ 20:59 }

Forgiveness means being able to look back and not go into the I wish I would have had blah, blah, blah, where one is able to make peace. And that takes time. That also takes work, a lot of work. That is not an overnight journey. Oh God, no. There are people who are in programs for 15 years and they still haven't gotten. That's work. It really is.

**Kayla Williams-(419)705-2644: { 21:24 }**

**Can I, can I ask you something? I mean, I think you're a really, really good reader. Do you, do you feel, I mean, do you really feel like breaking up with my ex was the right decision? I mean, did I did I did I feel like I you do.**

(Reader): { 21:41 }

I do. Can I say something without sounding facetious?

**Kayla Williams-(419)705-2644: { 21:47 }**

**You can sound facetious.**

(Reader): { 21:49 }

No, that's not me, Kayla. You can ask me in different languages.

{ 21:53 }

You can ask me in English, you can ask me in Spanish, in French, You can even ask me in some other language in sign language. I'm not changing my answer. OK, Yes, it was the right thing to.

**Kayla Williams-(419)705-2644: { 22:05 }**

**Do because he has a family that's like has money and stuff and I just feel like like they might have taken care of us and I feel like I made a mistake.**

(Reader): { 22:17 }

I need to chime in on that, OK? I I speak to people from all walks of life. I've read everybody pretty much at this point, from priests to escorts and everything in between. People in prison cells sneaking the phone. I've spoke. I've had my fair share of everybody, OK? I've heard more than a priest in the confession box. OK.

**Kayla Williams-(419)705-2644: { 22:42 }**

OK.

(Reader): { 22:43 }

Yeah, and here's what I want to tell you.

{ 22:47 }

Money leads to being controlled and feeling trapped, where your freedom and your autonomy is micromanaged, where emotional needs go unfulfilled. Yes, I do see where your partner's support is very a very important need. But a partner support, it's one thing to have their financial support versus having their emotional support, having a functional relationship support. Do you follow what I need I.

**Kayla Williams-(419)705-2644: { 23:28 }**

**Mean you think, you seem to, you seem to think that there's no like that. Like the decision I made was like completely the right one. Like I don't get the vibe from you that you think there's any.**

(Reader): { 23:40 }

Wrongdoing. No. No.

**Kayla Williams-(419)705-2644: { 23:42 }**

**Like that, that I made any mistake by doing, by being like a gun.**

(Reader): { 23:46 }

Affirmative. Yes.

{ 23:49 }

And I'll tell you this, look, I understand, especially when the financials get worrisome, it is very natural to go there and say, well, yeah, I could have put up with his blah, blah, blah, blah, blah. I get it. But you want to know something? If you were to put up with that, then what I'd be hearing from you is I feel stuck and trapped in this relationship. He's been drinking or drugging or pill popping or whatever the addiction is, and it only keeps getting worse. Now he's going off to the strip clubs. He's got some girl on the side who's younger and probably Dumber. Believe me, I got these calls from women in their 60s where the husband runs off. Yeah.

**Kayla Williams-(419)705-2644: { 24:40 }**

**Well we're both bisexual OK? And one of my friends told me that he's with his ex boyfriends. But the friend that told me this is somebody that I used to almost have a thing with, but I didn't. So I don't know if he's just being an asshole or if it's if it's actually true like I don't.**

(Reader): { 24:59 }

I'm happy to look, but Kayla, that's not changing my answer, nor is it going to change your circumstances with him. I just want to be clear because I like readings to be clearer than a glass of water. I'm happy to look, but I just want to be crystal clear on this. OK. OK. All right, glasses on, talking to myself. Let me take a look here. I'm looking at 7:00 and then I'm looking at 5 from that position. What are we working with here? OK, we're looking at, you know, something. This does look like a yes to me, but I want to just throw some, I want to throw some padding on there, OK? I don't know to what degree they're together, whether it's just a friend with benefits type of a situation, whether it's yeah or whether it's something a little bit more concrete. I don't.

**Kayla Williams-(419)705-2644: { 25:52 }**

**Know like I feel, I, I feel like it's probably not serious.**

(Reader): { 25:56 }

Mm hmm, I would agree with that. I would.

{ 25:59 }

I don't think it's I, I you know, mm hmm. But I don't know if the quote UN quote not serious has it's different layers of it's not serious. But I want this to be an ongoing thing. Do they recreationally Do any type of addictions together partake in them?

**Kayla Williams-(419)705-2644: { 26:28 }**

**Well, I mean he part of what I was mad about was I feel like he was high all the time.**

(Reader): { 26:36 }

This may be his high body as well, or his supplier, his source. Maybe he scores a good deal for his supply, I don't know. But this doesn't feel like a short term 1 nighter, you know? Wham bam, thank you man, or ma'am or whatever, you know?

{ 26:59 }

Bottom line is it feels like this ties into something else.

**Kayla Williams-(419)705-2644: { 27:06 }**

**Well, I kind of, I kind of, I, I kind of feel like his parents liked it because he was with a woman when he was with me. And, and honestly, that's not, that's not cool. I mean, if he wants to be with the man, he**

should be with the man. Like I don't like, I want him to be, I want him to be happy. Like I love them, like I, I, I truly love them, you know, So if, if that made him happy, then that's what he should do. But I, you know, I, I just, and I, and I don't think that he should be with me to make his parents happy, you know what I mean? So.

(Reader): { 27:39 }

And you can't erase his desires for someone of the opposite. You can't. You don't have that power, you know, and.

**Kayla Williams-(419)705-2644: { 27:47 }**

He should be and he should be happy. Like I, you know, like, like, and I'm bisexual, so I don't look at it as like, I'm not offended. Like this guy that said that to me I think is homophobic.

{ 27:58 }

And it's like, I don't, I don't like judge him. Like I don't look at it like if it was a woman or a man, it would be the same to me, if that makes any sense. Like I don't look at it as.

(Reader): { 28:11 }

Like I got you. I got it, yeah.

**Kayla Williams-(419)705-2644: { 28:12 }**

Because because I'm bisexual, like I look at it as it's just another person. So it's hurtful either way. Like it would be, it wouldn't be hurtful in any different. Like it wouldn't be hurtful in a different way if it was a man, if that makes any sense. Like it would.

(Reader): { 28:27 }

Just it makes total sense. It does if I got it you.

**Kayla Williams-(419)705-2644: { 28:30 }**

Know hurtful in general to me like.

(Reader): { 28:32 }

No, not like, listen, this is I'm in Los Angeles, you know, here anything goes, OK, you know?

**Kayla Williams-(419)705-2644: { 28:38 }**

And I'm like, yeah, ironically, like I've like thought about dating a woman again because I'm like, I, I can't. Like I've had so many bad experiences with men that I'm just like.

(Reader): { 28:48 }

And you know what? You know, whatever works for you from an energetic point of view. I can tell you this.

{ 28:57 }

I would not be able to decipher which one of the two would be better for you. OK, Because it goes beyond just a gender. It's all about energy. It's about love, energy at the end of it all. But I can say this to me. You did not make a mistake. I also think aside from the addiction matter, I also think there's part of him that needs that. How can I say this is still trying to come to grips with his identity and his choices. And I think that ties into the family. And maybe, you know, he is holding on to this vision that the family will accept him no matter what. Maybe he needs to get to that point where, you know, it doesn't matter anymore.

{ 29:59 }

He does his thing. And if the family doesn't approve, well, that's tough, tough granolas for them. Do you follow what I mean? I just think that where he's at in life, he's still trying to wrestle with that and other things. But bringing this back to you, Kayla, he could have offered you a mansion. He could have offered you, you know, all sorts of amenities. At the end of the day, you can have every shoe in your closet that you like from every brand. That does not mean it's a healthy relationship does.

**Kayla Williams-(419)705-2644: { 30:40 }**

**He miss me at.**

(Reader): { 30:41 }

All I get, I get calls like that all the time. Women married to millionaires. At first it may feel nice. Sure, they're pampered and they're taken care of. But you want to know something? It's never enough. OK? I'm sorry. I interrupted you. You were asking me.

**Kayla Williams-(419)705-2644: { 31:00 }**

**I mean, does he miss me at all? I mean does he have any like?**

(Reader): { 31:05 }

You know I.

**Kayla Williams-(419)705-2644: { 31:06 }**

**Can tell you I do I I kind of do want to know that, I guess I mean.**

(Reader): { 31:10 }

I do, I do. I do see that. And you know, I got, I got to say theoretically and technically speaking, I am looking at this energy and it feels like a yes, that does OK. But I got to tell you something, Kayla, there's a difference between this being functional versus not functional. What's his date of birth?

**Kayla Williams-(419)705-2644: { 31:33 }**

**It's 5587.**

(Reader): { 31:37 }

Thank you. I want to tap into that. OK, OK. Talking to myself. Oh, I remember this. OK.

**Kayla Williams-(419)705-2644: { 31:56 }**

**OK.**

(Reader): { 31:57 }

Mm. Hmm.

{ 31:58 }

OK, let me look at something here back. I'm still doing my thing here, Kel. I'm being very bold here with what I need to tell you. OK? I think the addiction is much heavier than you imagine. Now what the heck does that mean in plain English?

**Kayla Williams-(419)705-2644: { 32:18 }**

**No, that's fine. I'm, I'm, I, I didn't know. I mean, here, here, here's my thing. I panicked and broke up with him. OK? I panicked and it was something like, it was very reactionary on my part, but like, maybe I had some kind of like intuitive feelings. You know what?**

(Reader): { 32:34 }

I mean, I think so. I agree with you on that. Absolutely, absolutely yes. And I know that came up once something having to do with, you know, your intuition is pretty spot on when it comes to certain things. I, I want to piggyback on the previous question answer that I brought up at thing topic. I just what?

**Kayla Williams-(419)705-2644: { 32:51 }**

**You're saying about the addiction like cleats expound on that because?**

(Reader): { 32:54 }

Yep, that's exactly where I'm going. We're the same. We're on the same paragraph.

{ 32:59 }

Yes. OK, OK. Now, Kayla, I don't know if it's a matter of frequency or like I've seen in some people that it's that thing that they do once a year or once a month or once, however number times in the year that they look forward to that it is the hardcore stuff that they do. And that's something he looks forward to because people with addictions look at this sort of thing as if it were utopia. It's unbelievable how blinding that stuff can be. And I don't know what that would be. I have no way of deciphering what substance it is. I mean, we hear all these names. We all like, Oh my God, people do that. Yikes. You know, I don't know if this guy's doing crystal meth or something heavy like that. I don't know. But I got to tell you something. It feels heavy that I can tell you.

{ 34:00 }

And here is why I throw caution to the wind on that at times. At first it may be those once in a blue moon usages and guess what? It gets more frequency. So in other words, instead of once 1/4, it becomes once every other month, then once a month, then once a week. Do you see how the increase starts growing? That's the problem with that. I'm concerned because this addiction is a lot stronger. And again, I don't know if it's what you pinpointed back at that time that you moved on, but I think there's something heavier here. I do.

{ 34:59 }

Again, I can't say what it is because I don't know. In a reading, I look, I look at it like this. It's an addiction. It's substance. That's the most I can do because at the end of the day, it doesn't matter. Look if it's crystal meth or cocaine, they're both drugs. Do you follow what I mean? Again, from a reading point of view, I think either is a problem. I mean, ask Oprah. She'll tell you her food is a problem. That's just as equivalent. It's still an addiction for reading I.

**Kayla Williams-(419)705-2644: { 35:29 }**

**Have issues with I have issues with food.**

(Reader): { 35:31 }

Too.

**Kayla Williams-(419)705-2644: { 35:32 }**

**Yeah.**

(Reader): { 35:32 }

I mean, this is the thing I mean in the reading. I got to keep it very universal. That's the word I'm looking for. Because all addictions have denial, escapism. Of course there is a difference between 1 being legal versus not legal. Food is legal. Do you follow what I mean? We wasn't going to get arrested for going on a binge eating thing.

{ 35:59 }

I get it, I get it. But in a reading, I got to be very clear and very specific. I can't tell what it is, but I can tell you something. To me, it feels like it's that grand usage that people look forward to, as if they were going on a vacation, as if they were taking a vacation. Whatever that is in that periphery, that's the vibration that comes up.

**Kayla Williams-(419)705-2644: { 36:34 }**

**I mean, he gave me he, he gave me acid for the first time. Oh, really? I took acid with him. Yeah, during the during the pandemic. I'd never taken acid before. And honestly, I've only done it once, but it really scared me and I never wanted to do it again. And it, it kind of scared me.**

{ 36:54 }

**It kind of scared me how much he would do things like that, like that, that that was something that he would do.**

(Reader): { 37:01 }

And, you know, there are people, I mean, I've heard all sorts of stories, you know, a person curtails their drug use because they really don't have the money. So what they do is they use alcohol mostly. And once in the blue moon, when they have some extra dollars, that's when they will quote UN quote, treat themselves. Do you follow what I mean? But they are miserable because all they're looking forward to is that fix and would it.

**Kayla Williams-(419)705-2644: { 37:28 }**

**He works at a He works at a bar.**

(Reader): { 37:31 }

So like.

**Kayla Williams-(419)705-2644: { 37:32 }**

**In the, he's just like in the yeah. And that's kind of why I wanted it to be over. But then when it But then when it was over, I was so lonely and sad and I missed him so much that I would go try to visit him at the bar. And then I'm like, well, I hated the bar. Why am I going to the bar?**

(Reader): { 37:50 }

Like let me explain something.

**Kayla Williams-(419)705-2644: { 37:55 }**

**That's why I kept asking you like, why? What?**

{ 37:58 }

**Like to be sure, because I was so miserable after we broke up. Well.**

(Reader): { 38:02 }

But I, I want to add something here, Kayla, and this is important to decipher. There's a difference between a person loving another person versus that person being able to use healthy relating skills and the person being healthy and emotionally available. There's a difference in all these. Look, a person can say those 3 words that we all really like. The bottom line? If needs are fulfilled or there is a limit. I'm not saying that those 3 words are useless. I'm just saying that there are going to be limits in the relationship.

{ 38:59 }

Tying it back to what we started to talk about, which was financial security. Kayla, you can provide your own financial security without him and you need someone who is more intimate with you. And I want to speak about that, Kayla. You need someone that can communicate on a level of depth with you because you're a very deep person. You're a very sensitive person. And you know, when you open up to somebody, it's like a special VIP access that only really a very limited number of people have access to. You don't trust this guy.

**Kayla Williams-(419)705-2644: { 39:54 }**

**So why did I get so attached? Is that just my own dysfunction that I need to No, no, no, no.**

(Reader): { 39:59 }

No, I mean, listen, sometimes it's a matter of destiny. Other times it's a matter of choice, a matter of evolution, where, you know, in order for us to pick ourselves up, we have to fall. In order for us to upgrade and learn, we need to go through some trials and tribulations. You know, there's a lot of thick and thin, and sometimes it's really about a stepping stone, a springboard rather. That really helps jump start us to our new path. There's nothing wrong with that. The important thing is to recognize, look, you need a mate that can be intimate. Intimacy with him feels like it's not referring to emotional intimacy, OK with him.

{ 40:59 }

It feels like there's a part of him that is in denial. There's a part of him that may sweep things under the carpet. He may not know what he doesn't know. Do you follow what I mean? He may not. And OK, maybe that offers you some solace, some comfort, great. But what it all boils down to at the end of the day, you need a partner that you can really have a very deep bond with. And that does not mean he's a bad person.

{ 41:45 }

And you know, something I, I like to use in New York City example, if you want to get to Brooklyn on the L train, you may just have to hop on the A train 1st to get to Union Square or W 4th. Sometimes that's

what it is. It's a transfer train to get you to that final destination and there's nothing wrong with that. We're always evolving, we're always growing, we're always upgrading. It doesn't mean you did something bad do.

**Kayla Williams-(419)705-2644: { 42:18 }**

**You feel like my friend Ian told me that he was with his ex to be mean? Or do you feel like my friend Ian told me that because he cares?**

(Reader): { 42:28 }

Let me see this I OK, I'm going to answer that question, but I need to just be a little clear on something either or in a reading for me doesn't work. What if it's another reason that wasn't part of the either or? OK, I just want to be.

**Kayla Williams-(419)705-2644: { 42:40 }**

**Clear. Yeah, I can't.**

(Reader): { 42:41 }

Do that. Can't do A or B. It could be C Hey, it could be the letter R, you know.

**Kayla Williams-(419)705-2644: { 42:48 }**

**Just a reason I guess.**

(Reader): { 42:49 }

Yeah, that, that I can look at. Yeah. OK, let me see. I'm just talking to my. Do you have a date first by chance? No, that's OK. I don't know what you're reading. No words. Do you have a date of birth by chance?

**Kayla Williams-(419)705-2644: { 42:59 }**

**Shit, I don't. I mean, it's February 80. It's February 86th I guess. February maybe 29th maybe?**

(Reader): { 43:10 }

OK, let me see. OK, I'm talking to myself. Let me see what I'm getting here. Well, I will. I do want to. This is why I don't. I'm glad I said, you know, I can't do A or B because that's, you know, some other reason. And I do feel it's another reason. You know what that reason is? I don't think he probably knows himself meaning when it comes to him opening up his mouth, sometimes it may not be processed enough ahead of time that he just gives and speaks. Do you follow what I mean?

**Kayla Williams-(419)705-2644: { 43:44 }**

**Because I feel like, I mean I know this sounds weird but I feel like he and I have unresolved shit like I feel.**

(Reader): { 43:50 }

I'm happy to go there for you separately though, but to answer this specific chunk.

**Kayla Williams-(419)705-2644: { 43:55 }**

**Because we never had, we never had sex, but we like slept in the bed together and like we had a history. So we never actually had sex or kissed or did anything like that. But we slept in the bed together. We, you know, I was there for him at different times. So I, I don't know, it's kind of weird thing with me. I don't know.**

(Reader): { 44:18 }

Thank you for sharing that. There is something that opened up when you mentioned that. Firstly, I want to say to me, I get more than one, OK, More than like a multi layered justification #1 some things that process through his mind that come out verbally may not be processed thoroughly. OK, That's number one. He.

**Kayla Williams-(419)705-2644: { 44:43 }**

**Seems to be #2 as a person.**

(Reader): { 44:45 }

I'm sorry.

**Kayla Williams-(419)705-2644: { 44:47 }**

**He seems to be like that as a person, yeah.**

(Reader): { 44:49 }

Yeah, so we got to factor that in. OK, Think of this as a shampoo that has multiple ingredients in the back. That's one of the ingredients.

{ 44:57 }

The next ingredients, you know, there is an attraction, and there is part of that is ego. You see? I'm a better man for you. You see, You should be jumping my bones because I can give you what he can't give you, which is a real man. Do you follow what I mean? That's ego.

**Kayla Williams-(419)705-2644: { 45:16 }**

**But like why does he act like he doesn't give a shit about me? Because he has a younger woman now, so he lacks like, he's like.**

(Reader): { 45:22 }

You know what it is? That's a very good question. Because he doesn't want to get why does he act that way? Why does he act the opposite of what he's feeling? Ego. Ego. Maybe if I don't give her attention, she'll run after me. Now that she's been in the circumstances, you see, I could have been the best thing that she's ever had. Ego, I'm not saying it's going to be logical. I'm just saying that's how he rolls. It's it's ego.

{ 45:52 }

And you know, I want to add 1 excuse me, I want to add a third dimension and that is the unknown meaning he may not even be clear on why he does certain things. I'm losing my voice. Sorry about that. He may not even be clear on why he does what he does and I could simply be a lack of planning a lot. Again, a lack of processing. It could also be a lack of mindfulness. I just want to make a clear distinction. I am not saying he is faultless, OK, Because then I don't judge. I just feel like it's not really well thought out sometimes, you know? This is going to sound really weird. People throw a ball to see how far it goes, but they don't really have intention to playing the game. Do you follow what I mean?

**Kayla Williams-(419)705-2644: { 47:00 }**

**But I mean, did he actually have feelings for me or was he just kind of like being reckless or whatever?**

(Reader): { 47:08 }

I think there is well, I do agree with the there's a chunk there that is reckless and I like your word, your choice word there. OK, I want to say yes to the feelings I do I do. Why am I a little bit on the cautious side of this? Well, I look at his relationship with women. Yeah, it feels a little misogynistic. It feels a little one sided. Some people would call that selfish. It feels a little cold.

{ 47:57 }

It also feels a little I'm trying to come up with the word where the female is undermined. So when one undermines a person, what is that? I could say what you would call it, immature.

**Kayla Williams-(419)705-2644: { 48:19 }**

**Well my my my ex didn't like him at all like he.**

(Reader): { 48:23 }

I'm sorry, is or is not? I didn't get that clearly.

**Kayla Williams-(419)705-2644: { 48:27 }**

**No, I said my ex didn't like him at all. My ex.**

(Reader): { 48:29 }

Got it. You know.

**Kayla Williams-(419)705-2644: { 48:32 }**

**To.**

(Reader): { 48:32 }

Me, it just really feels narrow. That's the best word I can come up with right now. Maybe a brick will land on me and I can come up with the right choice word. But I will definitely say narrow. Look for you to go there. I just think this is the type of person I would expect you to give him the world. Bow down to His mercy.

**Kayla Williams-(419)705-2644: { 49:00 }**

**Yeah, that's kind of probably why I didn't get with him, yeah.**

(Reader): { 49:04 }

And that is a form of control. You know, you need to put me as the center of your stage. You know, I need to have control of your emotional life. I need to have control of your operating system.

**Kayla Williams-(419)705-2644: { 49:17 }**

**Well, I mean, you know, answer me, answer me this. Am I right that there was a time where he was going to ask me? Because there was one day where he was going to ask me to come over. He broke up with somebody and I felt like he was going to ask me to come over and I didn't go. I was like off with some friends and I didn't go. And I feel like that was the day that he was going to try to ask me.**

(Reader): { 49:39 }

You know something the reason why I'm a little bit reserved on that?

**Kayla Williams-(419)705-2644: { 49:47 }**

**And I like, I like miss the boat, if that makes any sense. Like I just.**

(Reader): { 49:50 }

Didn't got it? You know something, Kayla? I think it takes a lot more than just one event to miss the boat, to be honest with you.

{ 49:57 }

Why should today be the day that matters? You know, out of all this, it's like when I get a call from one of yours, I'm going out tonight. Am I going to meet the love of my life? Well, is tonight the only night that's only available for you to meet? You're not going to be. I mean, seriously, think about it. So.

**Kayla Williams-(419)705-2644: { 50:13 }**

**No, but I just feel like that was the time where he was like going to tell me that and I I didn't show up. So because I didn't show up, he was like, OK, well.**

(Reader): { 50:21 }

That sounds like a proposal. That sounds like a proposal. No, I don't think you missed that. I'm not going to deny.

**Kayla Williams-(419)705-2644: { 50:30 }**

**But I agree with you. I think the I think there might be a misogyny there. Like I agree.**

(Reader): { 50:34 }

With you and I also want to add another element there. Ego is just as rampant. Well, if she's not chasing after me, considering I'm a real man, I mean, it's this type. I mean, I don't know. Is that misogynistic? I mean, I call it ego, I think.

**Kayla Williams-(419)705-2644: { 50:51 }**

**I think he thinks of himself as a real man, and I think he thinks of Eric as like a gay boy, like a like a girly boy.**

(Reader): { 51:00 }

He may he may see himself as God's gift to women and they should be kissing his shoe.

**Kayla Williams-(419)705-2644: { 51:08 }**

**I think he looks down on Eric because he's bi like I think.**

(Reader): { 51:11 }

There's he looks down at everybody. He even looks down at women and, you know, sometimes people need to look down so that they can look up. That's a weak person. I just think that, you know, with him, you really didn't miss out on anything there. I think honestly, wow.

**Kayla Williams-(419)705-2644: { 51:36 }**

**OK.**

(Reader): { 51:37 }

His relationship with women is very problematic and you know where I think that comes from? The relationship with Mommy Dearest.

**Kayla Williams-(419)705-2644: { 51:49 }**

**Well he cut his mom off and he he thinks I should he and he thinks I should cut my mom off but I just, I can't I mean I I know she's toxic but she's my mom and so I.**

(Reader): { 52:05 }

I.

**Kayla Williams-(419)705-2644: { 52:05 }**

**Know that I need to do. I know I need to deal with her in a different way, but for.**

(Reader): { 52:10 }

Whatever reason, I.

**Kayla Williams-(419)705-2644: { 52:11 }**

**But but I can't be like him. I can't just be like, he doesn't exist. I, I can't do that. Like he, he literally, he really, he literally does not talk to his mom. Like his mom doesn't exist for him anymore.**

(Reader): { 52:24 }

I need to chime in on that actually.

**Kayla Williams-(419)705-2644: { 52:27 }**

**I'm not able to. I'm not able to do that. You told me I do that and I.**

(Reader): { 52:32 }

And well, no Kayla, we all listen. This this is a very rich topic that you know I'm.

**Kayla Williams-(419)705-2644: { 52:40 }**

**Saying on the phone, probably too long, that I said that this is a good conversation.**

(Reader): { 52:44 }

I equated to fine tuning the knob on a radio car, you know, to get the right reception for the music to play well without the muffling sounds.

{ 52:55 }

And I have to say this firstly, if you feel comfortable keeping your mother in your life, that is your right OK?

**Kayla Williams-(419)705-2644: { 53:06 }**

**I honestly don't know if it's good for me.**

(Reader): { 53:09 }

Though, well, that's a different area, but I wanted to say this, but please understand, having her in your life does not mean she becomes your bestie. It does not mean that you have to speak to her every day or once a week or for two hours. It just means you do not need to be nice to the lady. You only need to be. Please let me finish. You only need to be civilized. That's OK. No, I say that because I, I, I don't want to take what I'm saying out of context. I'm not saying to be a nice culture.

**Kayla Williams-(419)705-2644: { 53:45 }**

**Distance. She was really close to death. I mean, I thought she was going to die this year. And I know you probably can't speak on death, but I mean it. I think that was really, I really thought that was going to happen.**

(Reader): { 53:57 }

The only thing we can do, Kayla, the only thing we can do, we have 0 control about when that time comes. But I didn't want to like.

**Kayla Williams-(419)705-2644: { 54:09 }**

**Have a bad thing before that of.**

(Reader): { 54:11 }

Course you know what I mean, but hear me out on this. The only thing you can do is offer respect and gratitude. You do not have to be buddy, buddy. You do not even have to say the three words to her. Kindness is respect. Kindness is civility kindness. Are you allowed to have detachment? Absolutely. And, you know, there are programs for dealing with difficult parents. It does not mean it's a betrayal.

{ 54:55 }

But you do not owe her some type of sitcom daughter, Brady Bunch where you are Marsha and she's whatever. Missus Brady. OK. You don't have to treat her like Missus Brady, nor do you have to become Marsha. You know what I'm talking about. Yeah. Yeah. OK. Good. I mean, no, you don't have to do that false thing, but you definitely can have a level of civility. You want to know something? It's a hell of a lot better than hating her. You don't owe her anything.

**Kayla Williams-(419)705-2644: { 55:35 }**

**He literally thought that I should cut her off completely because he didn't have that in comp. We, we have that in common where he, he, he, we both have problematic moms and that's kind of why we and.**

(Reader): { 55:49 }

You know something for him, that's what worked. Just like, listen, for some people being a vegan works. That's not going to work for a carnivore.

{ 55:58 }

And can they find common ground? OK, well, Mr. or Miss Vegan, if that's what works for you, hey, that's yours. You know, that would work for me, and that's mine. OK. We don't have to agree with each other. You know, we're entitled to our differences, right? We're all individuals. If that's what works for him, you know that's what works for him. But I will tell you something.

**Kayla Williams-(419)705-2644: { 56:24 }**

**Well, for example, like my my friend Katie, like she thinks I should cut my mom off too. And she knew me in childhood so she knows how my mom was to me back then. And I just feel like every, they're both telling me to do this and I, I mean, are they?**

(Reader): { 56:41 }

Tell you otherwise, and you know what that is.

**Kayla Williams-(419)705-2644: { 56:45 }**

**I mean, are their motives good? I mean, are they? I don't know.**

(Reader): { 56:49 }

You know the reason why I, I can't say it is, is because that's what worked for them.

{ 56:55 }

I mean, if I told you do not have sugar anymore because that's my diet, sugar free diet, that may not work for you. Do you follow what I?

**Kayla Williams-(419)705-2644: { 57:02 }**

**Mean, I think I, I actually think you're right. I think I shouldn't have sugar anymore.**

(Reader): { 57:06 }

But what it boils down to is what works for one may not work for another. But I will tell you this, that's something that is so deep and so rich, it has to come from your soul. And the way to get there is through program. I saw a beautiful YouTube video. It was Oprah podcast on strange estranged children from parents. And it's a topic that you know is hardly covered children that estranged themselves. It was the IT was a you saw it was really good and you want to know something. No one says you have to do that, and you don't have to, but it doesn't mean you allow the might.

**Kayla Williams-(419)705-2644: { 57:48 }**

**Be healthier for me though, that's why I'm asking you like it might be at the same time.**

(Reader): { 57:52 }

Kelly you can find the middle ground and meaning, you know, you limit your contact, you put some boundaries and if it means you only speak X amount of time, you know maybe half of that time is either by text or e-mail or whatever. Hardly, very rarely in person. When you do in only for X anonymous, you could put all the boundaries in the world that you keep to yourself. You know, I got to keep it rolling. OK, cool. Maybe a text once every X amount and that's it. You know, you put boundaries and you can do that. I know someone that was like, you know, I'm only sending Father's Day cards, birthdays and Christmases. That's it. No phone. That's what worked for him. It's whatever works for you.

**Kayla Williams-(419)705-2644: { 58:37 }**

**Let me ask this OK and just be honest with me like.**

(Reader): { 58:41 }

Yeah.

**Kayla Williams-(419)705-2644: { 58:41 }**

**I mean, I feel like it's my fault that she's the way she is now. Like I feel like.**

(Reader): { 58:48 }

Because I, I disagree, OK, I disagree. And you want to know something, Caleb? This is something, This is why I covered your mom earlier and I mentioned there's a lot of child, there's a lot of abuse here. I also want to add this, and this goes very deep. Remember earlier I said she carries the energy of an SA sexual abuse survivor. Individuals who carry that energy can resort to addiction and they resort to a lot of unhealthy behaviors. And what I'm concerned about is if she has those matters unresolved, how are they? What is she doing when these topics hit her emotionally? You know, you are the child, she is the parent. You didn't make her anything. This is where program is crucial and I'll tell you why.

{ 60:00 }

It really lifts the burden and the weight off of a person's shoulder. You don't know her anything. But I will say from one human being to another, civility. And you know what? Just like 1 can have compassion for Mr. and Missus Jones down the block that they probably see once every couple of months just in passing, 1 can have compassion for those strangers. A humanitarian compassion and you can each have that compassion for your, for your, for for a family member. That's difficult, but you don't owe her Marsha Brady. And I think the best place 1 can be is have compassion. Compassion does not mean rescuing or caretaking, but it does mean that you are at peace with the circumstances because if you are operating out of guilt.

**Kayla Williams-(419)705-2644: { 61:00 }**

**Yeah, I definitely AM.**

(Reader): { 61:02 }

I know, I know that right there is something to be aware. I didn't.

**Kayla Williams-(419)705-2644: { 61:07 }**

**Become what What she wanted. I didn't feel like I didn't.**

(Reader): { 61:11 }

I got news for you. And she didn't succumb to what she could have been as a mother, right? It works both ways. Could there have been have walls that she may have put up? Think about it, that may have felt unsafe for you and turn to protect yourself. You held back.

**Kayla Williams-(419)705-2644: { 61:34 }**

**Well, I mean, I was with her in the hospital and I thought that that was going to be it, you know what I mean? Like it felt like that was going to be it and it wasn't.**

(Reader): { 61:43 }

And Kayla, there's only so much you can do. There really is. Where I'm going with this is you can't do her homework. You can only do yours. She's got her fair share and there's nothing wrong with that.

{ 61:59 }

But I will say this, finding the ground that works for you and if that means you don't do the no contact, you know, cutting the parent out of your out of your life.

**Kayla Williams-(419)705-2644: { 62:13 }**

**I just don't think that. I just don't think that I'm I, I'm capable of doing that.**

(Reader): { 62:19 }

Like, that's fine, you know, Kayla, it's whatever works for you. You are entitled to listen. You are entitled to use whatever tools work for you. Of course, you know, it may work for one it, but it may not work for you. And certain things that work for you may not work for somebody else. There's nothing wrong with that. We all have the right to our choices, and you have the right to stick to your choices. So I'm encouraging, if anything, that you use what's working for you. But one thing I definitely have to really circle here is that guilt.

{ 62:59 }

Guilt is laced with shame. And if a person. Yeah. And if a person has been shamed, looking at that and working on that issue will help heal the guilt. Kayla, you do not owe her anything. The only thing, and I

don't even want to call it oi will, I'll say it like this, the only one you owe anything to is yourself. You don't owe her anything. You owe it to yourself. Hey, you know what, Maybe I could be civilized to her because at the end of the day, I'm going to have to live with myself. So you know what? I'm going to have a civilized interaction, but I'm not going to go into my personal life. I'm not going to be here for with her for entire afternoon because hey, I feel drained afterwards. Whatever.

{ 64:01 }

You have the right to cherry pick what you want and I have to encourage your autonomy and independence on this because at the end of the day, if you feel unfulfilled by this, you do not need to sit there and take abuse. That's why I'm saying go ahead.

**Kayla Williams-(419)705-2644: { 64:25 }**

**Can I ask can I ask you a question? I know this sounds weird but like breaking over breaking up with my ex. The hard part was like breaking up with his family. And I just wonder, like they met my mom and she was visibly like, not OK. And I just wonder like, do they think of me differently now? Like do they like look?**

(Reader): { 64:49 }

No, I don't think so, but I'll tell you why. And I can understand you asking the question about the family.

{ 64:55 }

I want to touch upon that because if we didn't have what resembles an ideal family and what we saw resembled an ideal family that we wish we would have had, I could see where that comes up for you. I do, But no, I don't. And I'll tell you why, because to me, I think that they also understand that he has his own, let's just say, challenges and limits. I think that there may be some family members that knows about addiction matters and relationship skills. I think it's a mixture. So my short out the gate answer on that is no. Now, of course I can't clump every family member as one unifying figure because everybody's got a different personality, a different opinion, a different psychology, etcetera. But for the most part, the majority, the consensus is not. Is that clear? Does that make sense?

**Kayla Williams-(419)705-2644: { 66:00 }**

**Yeah.**

(Reader): { 66:01 }

Good, I did my job right. OK, good. That's what I want to make sure we have, you know, clarity, but you don't know her anything. And Kayla, I got to tell you something. This is where program makes the world of the difference. And I will also add another component program, very empowering for love life because who do we get our relationship skills from our parents? And if they didn't have it, how do we get to learn them? See where I'm going with that because the impact.

**Kayla Williams-(419)705-2644: { 66:40 }**

**I mean, tell me if this is true. Like I just feel like I shouldn't be with anybody for a while because I just.**

(Reader): { 66:48 }

I want to work on yourself.

**Kayla Williams-(419)705-2644: { 66:50 }**

**I just don't know that I trust myself to make a good decision.**

(Reader): { 66:53 }

Well, you know what, I'm glad you shared that, and there's nothing wrong with that.

{ 66:58 }

But staying alone, I mean, you don't want to lose your opportunity and your momentum either. But what I will say is that program will help an individual see what they need to learn. Because when we hear it from another person, wow, it's very empowering. And I'll tell you, you could do it on Zoom, you could do, you could do phone meetings, you could do women only meetings. You could do a meeting in New Zealand. You can call yourself Martha or any other stage name you want. You don't even have to turn a camera on. You can treat it like a podcast just listening. But I will tell you something. Something will spark deep into your soul that you will feel like you're at home.

**Kayla Williams-(419)705-2644: { 67:44 }**

**But it seems like you really, I mean, it seems like you were like no question that breaking up with Eric was the right thing. Like I just feel like there's like you have no, like every time I talk to you, you just never no doubt.**

{ 67:59 }

**You have like no doubt about it.**

(Reader): { 68:01 }

No, no. I mean, you know, when I give an answer, I give an answer. If I was being cross examined with an attorney on the office they would really detest me because they're not going to get me to trip. Sorry but it seems.

**Kayla Williams-(419)705-2644: { 68:12 }**

**But it seems like you, it seems like you really do think that he has like a deeper addiction issue like.**

(Reader): { 68:17 }

Yeah, I do, I do. And it is concerning because I the reason why it's concerning. Well, maybe because there's a chunk that that's mysterious, another chunk of it that is possibly the the growth factor and how it's continuously possibly growing or where it's going to grow to. I also want to add another component, and this is just basic, it is common sense, but yet I'm not looking at it from a common common sense perspective because it's energetic.

{ 68:56 }

Kayla, listen, when a person partakes in substance, you know they're endangering their body, right? They're endangering their brain because that stuff hits their brain, right? I mean, if a person does something, then they hop in the the wheel behind the wheel of a car, I mean they're in they're endangering themselves and others. Do you follow what I mean? Right. But I'm.

**Kayla Williams-(419)705-2644: { 69:22 }**

**I'm not. I'm not. I mean I'm not innocent. I mean I.**

(Reader): { 69:28 }

Oh, I got it, I got it. But I'm referring to the enlargement of the addiction in the future. To me, the vibration on getting around us, it's.

**Kayla Williams-(419)705-2644: { 69:39 }**

**Mysterious, but it's going to, it's going to get more serious, is what you're saying?**

(Reader): { 69:42 }

Escalate, yes, it's going to deepen.

{ 69:45 }

And you know, with the deepening, there is a very strong sense of caution concern because there could be a major mogul points like in ski, in the ski slopes, you know, like those cones, those points, I don't know what the heck they call them mogul points, but what it boils down to, there could be a strong chapter that comes from it. Yeah, I am concerned about that. I really AM 0.

**Kayla Williams-(419)705-2644: { 70:15 }**

**Like, like, like that. It's going to go somewhere else, is what you're saying.**

(Reader): { 70:20 }

What? What do you mean by somewhere else? I heard you. I just want to know what you mean by that. What do you mean by that? Well.

**Kayla Williams-(419)705-2644: { 70:26 }**

**I mean, I, I, I got concerned because, like, he was doing acid and walking around and I'm like, you can't do that. Like, I mean, I, yeah.**

(Reader): { 70:33 }

Yeah.

**Kayla Williams-(419)705-2644: { 70:37 }**

**Like do you think his family knows that he does crazy shit like that because.**

(Reader): { 70:40 }

I think, yeah, they do. Yeah, some somebody here does. Yeah, they do. And I want to add something about this. And this is where maybe this is where the concern stems from. Go ahead.

**Kayla Williams-(419)705-2644: { 70:53 }**

**I was hoping that they didn't think I encouraged it because like, I did not want to.**

(Reader): { 70:57 }

I think I'm not worried about that. I'll tell you why because I think he's had this for a while, I really do. But I will add this, Kayla, I am concerned because look, they go on substance A Substance A no longer gives them the fix that they want. They now go to substance B. It may be more hardcore that gets them going for a while. Ah, it's become more expensive. OK, let's go to substance C Ah, OK, it's cheaper. And why we're really talking about something that's really catastrophic. Or then they go to do you follow? I mean, they just keep changing substances around. It's like cigarette smokers. They may change brands, they may change the different delivery systems. That's the thing about addiction. They change things around as if 1 is better than the other or one makes them less of an addict than the other. If you follow what I mean. Oh, I'm no longer drinking whiskey or.

--- End of transcript ---